

ENR 3.6 EN-ROUTE HOLDING

<i>HLDG ID/FIX/WPT Coordinates</i>	<i>INBD TR (°MAG)</i>	<i>Direction of PTN</i>	<i>MAX IAS (KT)</i>	<i>MNM-MAX HLDG Level FL/FT (MSL)</i>	<i>Time (MIN) or DIST OUBD</i>	<i>Controlling unit and Frequency</i>
1	2	3	4	5	6	7
ANKEM 042632N 0732943E	176	Right	230	4000 FT - FL 140	1	Male' AACC 119.7 MHZ
MALE' / ML NDB 041126N 0733152E	156	Left	230	4000 FT - FL 140	1	Male' AACC 119.7 MHZ
MALE' / ML NDB 041126N 0733152E	330	Right	230	40000 FT - FL 140	1	Male' AACC 119.7 MHZ
MALE' / MLE Male' VOR 041136N 0733150E	155	Left	230	4000 FT - FL 140	1	Male' AACC 119.7 MHZ
MALE' / MLE Male' VOR 041136N 0733150E	330	Right	230	4000 FT - FL 140	1	Male' AACC 119.7 MHZ
RAXON 035632N 0733147E	004	Right	230	4000 FT - FL 140	1	Male' AACC 119.7 MHZ

The en-route holdings may be used only when indicated as CLEARANCE LIMIT or after permission from ATC.

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